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Dying To Survive: Rachael's Story

[Image of the book cover]

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Her addiction to the drug took her to a place about as low as a person can go. She had grown up in Ballymun and had, like many others, succumbed to the lure of drugs during her teenage years. This is Rachael Keogh's own story written in her own words. She is now thirty, a student of psychotherapy, and an attractive and optimistic young woman. Her story is a remarkable account of recovery from the very edge of personal destruction. It is a heart-lifting story of human redemption. ""Through sheer grit and determination she pulled herself out of the hell she was living in what an achievement. She is an inspiration""-Alison O'Reilly, Sky News. ""After reading Dying to Survive, nobody could think Rachael Keogh's life is anything but 100% worthwhile""--Belfast Telegraph. ""A story like that makes us realize how lucky we are""-Amanda Brunker. ""This is an incredible story, told completely straight no sensationalism, no self-pity and plenty of wicked humor thrown in. Gripping, extraordinary and so shocking you have to keep reminding yourself that this really happens this is one all teenagers and parents should read. Hell, it should be on the school curriculum""-Evening Echo.

**Book Information**

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Average Customer Review: 4.5 out of 5 stars  

**Customer Reviews**

This book was about a heroin addict's struggle to be clean and the effect that her drug use had on the people around her. Racheal's addiction is so bad that her arms were at risk of being amputated, due to the wounds from all the needles she used to shoot up. The book was a great read and also has some photos at the end.
I am a Junkie Memoir Junkie. This book I read very fast, and was utterly fascinated. Just look at her arms on the cover of the book you can see how bad her addiction was. She is to be admired. I absolutely love the Irish terminology used in this book as well.

Such an inspiring story! Shows the rollercoaster of addiction without sugar coating a thing. Could not stop reading, had me "hooked"

This is an incredible story!!! As a recovering addict myself the truth and honesty in this book is an absolute credit to Rachel !!! I would recommend this book to families of addicts, addicts themselves and people who are also trying to find their way in life !!! This is an absolute insight into the lifestyle and reality of the world and human race !! It has greatly touched me xx

It's good. Well written. Compelling. But MAN does it drag after the first half. Quicker pace and this would have been a 4 star review - as it is, well three is fair...I guess. I just wish the author/editor had trimmed the fat a little more.

You must promise to be patient and read the book completely before looking at her pictures at the back of the book. It was nice to be able to connect a face to the character I had come to know so well. I was pleasantly surprised and you will be too, if you will be patient. An honest story, which takes great courage to tell ALL.

I have read many books on heroin addiction and this is the most difficult case I have seen. The only cases worse that I read about or personally know of are deaths of young men and women. This is now a National epidemic in the USA and touches almost everyone I know one way or another. Thanks for the Hope!!! I would love to know how Rachael is doing in 2015. I pray she is well and with her son and Patrick. God Bless you.

I read this book on a cross-country trip this summer. Books like this (drugs, sex, stripping, prostitution, etc) intrigue me because they are so far removed from my own choices and lifestyle that for a few hours, I can live vicariously through the writers eyes without having to deal with the consequences. This is a fairly quick and easy read, but I got to a point where it got quite repetitive--she went to rehab, she got clean, she relapsed. Off to prison, off to rehab, relapse. I absolutely understand that it's a memoir and she was being forthright and honest in what happened,
but good grief--so many chances! I did enjoy researching Rachael's story online after I finished the book, and as of 2016, she seems to be keeping her act together and I wish her the best of luck.

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